

ENTRÉE 頭盤類

1	Tian Ran Mixed Entrée 四季素拼盤 Fried Dim Sim, Spring Roll, Curry Puff & Wonton	\$4.90
2	Vegetarian Curry Puff (4) 咖喱素餃	\$4.90
3	Vegetarian Spring Rolls (4) 酥炸春捲	
4	Vegetarian Dim Sim - Steamed or Fried (4) 點心 - (蒸 / 炸)	\$4.90
5	Vegetarian Fried Wonton (5) 炸雲吞	\$4.90
6	Vegetarian Crispy Fish (6) 炸素魚	\$4.90
7	Crispy Beancurd Skin 炸素鵝	\$4.90
8	Pan Fried Shanghai Dumplings (5) 什錦鍋貼	\$4.90
9	Fried Chicken Drumsticks (4) 炸素雞腿	\$4.90
10	Fried Calamari (6) 炸魷魚	\$4.90
11	Mushroom Beancurd Roll (3) 香菇腐皮捲	\$4.90
12	Satay Stick (5) 沙嗲串	\$4.90
13	Roti with Curry Dip 印度抓餅	\$7.90
14	San Choy Bao (2) 生菜包	\$5.00
15	Thai Style Salad 泰式沙拉	\$6.00
16	Steamed Buns-Savoury BBQ(2 large) 蒸素叉燒包	\$5.00
17	Steamed Buns -Sweet Lotus Nut (3 small) 蒸甜包	\$3.80

SOUPS 湯類

18	Vegetarian Wonton Soup 時菜雲吞湯	\$5.50
19	Spicy Vegetarian Tom Yum Soup 冬炎海鮮湯	\$5.50
20	Sweet Corn & Vegetarian Chicken Soup	\$5.50
21	Seaweed Tofu Soup 紫菜豆腐湯	\$5.50
22	Tomato Tofu Soup 蕃茄豆腐湯	\$5.50
23	Vegetable & Mushroom Soup 香菇菜絲湯	\$5.50
24	Hot & Sour Soup Szechuan Style 酸辣湯	\$5.50

KIDS MENU 兒童餐

K1	Vegetarian Calamari & Chips	\$13.80
K2	Vegetarian Fish & Chips	\$13.80
K3	Vegetarian Chicken Nuggets & Chips	\$13.80

All kids meals are served with choice of either one soft drink OR one serve of ice cream

BEANCURD/TOFU 豆腐類

T1	Tian Ran Special Beancurd Roll 天然豆包	\$12.80
T2	Ma Po Tofu 麻婆豆腐	\$12.80
T3	Fried Beancurd in Black Bean Sauce 鼓汁豆腐	\$13.80
T4	Crispy Fried Beancurd with Special Sauce 新洲炸豆腐	\$14.80
T5	Salt & Pepper Tofu 椒鹽豆腐	\$12.80
T6	Fried Tofu with Green Vegetables and Ginger 時菜豆腐	\$13.80
T7	Braised Beancurd Hot Pot with Oyster Sauce 紅燒豆腐煲	\$14.80
T8	Golden Silk Tofu 一品豆腐	\$15.80

VEGAN MEAT 素肉類

V1	Sweet & Sour Chicken 糖醋雞球 (咕老肉)	\$13.80
V2	Chicken or Beef in Black Pepper Sauce 黑椒雞(牛)	\$13.80
V3	Stir Fried Chicken in Black Bean Sauce 豉汁雞柳(牛柳)	\$13.80
V4	Stir Fried Chicken or Beef with Cashew Nuts 腰果雞丁(牛柳)	\$14.80
V5	Salt & Pepper Chicken 椒鹽雞球	\$13.80
V6	Chicken or Beef & Vegetables in Homemade Satay Sauce 沙爹雞柳(牛柳)	\$13.80
V7	Spare Ribs Peking Style 京都排骨	\$13.80
V8	Chicken OR BEEF with Combination Vegetables 時菜雞柳(牛柳)	\$13.80
V9	Stir Fried Chicken or Beef in Gong Bao Sauce 宮保雞丁(牛柳)	\$13.80
V10	Ginger & Champignon Vegetarian Chicken 香油姜絲素雞(牛柳)	\$13.80
V11	Lemon Chicken 檸檬雞	\$13.80
V12	"Honey" Chicken (Honey - Barley Sugar) 蜜汁雞	\$13.80
V13	Chicken or Beef in Sambal Source 三巴醬雞(牛)	\$14.80

SEAFOOD 素海鮮類 (Soy, Mushroom, Seaweed)

S1	Sweet & Sour Vegetarian Fish 糖醋魚片	\$13.80
S2	Vegetarian Fish in Black Pepper Sauce 黑椒魚柳	\$13.80
S3	Vegetarian Fish in Black Bean Sauce 豉汁魚柳	\$13.80
S4	Vegetarian Seafood in Tom Yum Sauce 泰式海鮮	\$14.80
S5	Salt & Pepper Seafood Combination 椒鹽海鮮	\$15.80
S6	Stir Fry Vegetarian Calamari in Gong Bao Sauce 宮保魷魚	\$13.80
S7	Gai Lan Vegetarian Fish 芥藍魚片	\$12.80

VEGETABLES 青菜類

G1	Combination Stir Fired Seasonal Vegetables 什錦時蔬	\$11.80
G2	Stir Fried Beansprouts 清炒銀芽	\$10.80
G3	Stir Fried Bok Choy with Mushrooms 青炒什菇小白菜	\$12.80
G4	Mixed Green Vegetables and Ginger Bamboo Shoots 雙花冬筍片	\$11.80
G5	Mixed Green Vegetables and Ginger 薑絲時菜	\$10.80
G6	Thai chilli and Basil Eggplant 泰式茄子	\$13.80

HOT POTS 煲類

H1	Szechuan Style Eggplant & Vegetarian Fish Hot Pot 四川魚香茄子煲	\$15.80
H2	Combination Seafood Hot Pot 什錦海鮮煲	\$15.80
H3	Braised Beancurd & Chicken in Hot Pot 雞丁豆腐煲	\$15.80
H4	Braised Beancurd Hot Pot with Oyster sauce 紅燒豆腐煲	\$15.80

CURRY 咖哩類

C1	Vegetarian Chicken Curry 咖哩雞柳	\$14.80
C2	Thai Style Curry Beef 泰式咖哩牛肉	\$14.80
C3	Mixed Vegetable Curry 咖哩什錦	\$13.80
C4	Rendang Curry Rendang Curry 南洋冷當咖哩	\$14.80
C5	Nonya Mixed Vegetables with Vermicelli 娘惹什錦	\$13.80

NOODLES 粉麵類

N1	Wonton Noodle Soup 雲吞湯麵	\$11.80
N2	Shanghai Noodle Soup 上海湯麵	\$11.80
N3	Ton Yun Noodle Soup 泰式湯麵	\$11.80
N4	Hokkien Noodles Malaysian Style 馬來福建麵	\$11.80
N5	Loh Mee (Soup or Dry) 撈麵	\$12.80
N6	Tian Ran Vegetarian Stir Fried Vermicelli 天然炒米粉	\$11.80
N7	Mee Goreng Indonesian Style 印尼炒麵	\$11.80
N8	Chicken Keow Teow with Vegetables 炒貴刁	\$12.80
N9	Seafood Ho Fun Singapore Style 海鮮炒河粉	\$13.80
N10	Fried Crispy Noodles with Mixed Vegetables 罗汉齋麵	\$12.80
N11	Laksa Noodle Soup 叻沙麵	\$12.80
N12	Stir Fried Thin Noodle 生日炒麵	\$12.80
N13	Soup Dumplings (10) 湯餃	\$12.80

RICE DISHES 飯類

R1	Home Style Fried Rice 家鄉炒飯	\$9.80
R2	Olive Fried Rice 橄欖炒飯	\$10.80
R3	Special Fried Brown Rice 糙米炒飯	\$10.80
R4	Tom Yum Fried Rice 冬炎炒飯	\$10.80
R5	Nasi Goreng 印尼炒飯	\$10.80
R6	Combination Fried Rice 什錦炒飯	\$10.80
R7	Combination Vegetables Risotto 什錦炒飯	\$12.80
R8	Steamed Rice (Per Person) 白飯 (每人)	\$2.80
R9	Steamed Brown Rice(Per Person) 糙米飯(每人)	\$3.00
R10	Coconut White Rice (Per Serve) 椰漿飯	\$3.50

DESSERTS 甜點

D1	Scoop of Cocolusious Ice Cream (Tub \$15.00) 冰淇淋	\$3.50
D2	Banana or Pineapple Fritter 炸香蕉(菠蘿)	\$4.20
D3	Banana or Pineapple Fritter with Organic Cocolusi 炸香蕉(菠蘿)雪糕	\$7.50
D4	Sago with Coconut Milk and Palm Sugar 西米露	\$4.20
D5	Sago with Organic Cocolusious Ice Cream 西米露雪糕	\$7.50

WATER / DRINKS 飲料

W1	Bottled Spring Water, Soft Drinks	\$2.50
W2	Ginger Beer	\$4.00
W3	Organic Flat Earth Kombucha, Organic Juices	\$4.50
W4	Coconut Water	\$5.00
W5	1000ml Spritzer	\$6.00
W6	Appletiser	\$8.00

T I A N R A N



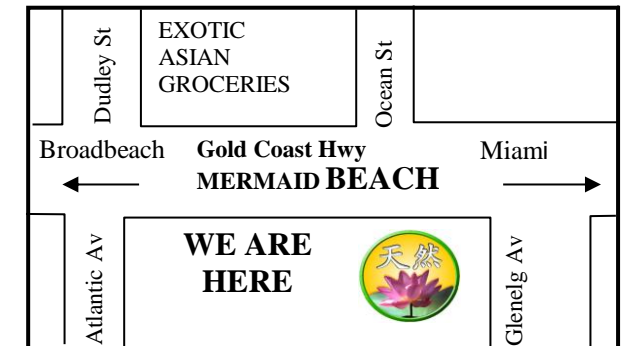
VEGETARIAN & VEGAN ASIAN CUISINE

TAKE AWAY MENU

素食館

Shop 8 / 2468 Gold Coast Hwy

Mermaid Beach QLD 4218



SET MENU 套餐

\$40 (2 - 4 PEOPLE)

Vegetarian Spring Rolls (4)

Combination Vegetables

Olive Style Fried Rice

Stir Fried Chicken with Cashew Nuts

\$75 (4 - 6 PEOPLE)

Pan Fried Dumplings (5)

Vegetarian Curry Puff(5)

Sweet & Sour Chicken

Braised Beancurd and Chicken in Hot Pot

Broccoli, Cauliflower, Mushroom & Bamboo Shoots

Beef in Black Pepper Sauce

Combination Fried Rice

(07) 5572 0678

Lunch (Monday - Sunday)

11:30pm - 2:30pm

Dinners (Monday - Sunday)

5:00pm - 9:30pm