



TIAN RAN VEGAN CUISINE



Open Lunch & Dinner Every Day
11:30am – 2:30pm & 5:00pm – 9:30pm

STARTERS

ENTRÉE 頭盤類

1	四季素拼盤	Tian Ran Mixed Entrée - Fried Dim Sim, Spring Roll, Curry Puff & Wonton	\$6.00
2	咖喱素餃	Homemade Curry Puffs (4)	\$6.00
3	酥炸春捲	Homemade Spring Rolls (4)	\$6.00
4	點心(蒸/炸)	Homemade Dim Sim - Steamed or Fried (4)	\$6.00
5	炸雲吞	Fried Wonton (5)	\$6.00
6	炸素魚	Crispy Vegan Fish (6)	\$6.00
7	炸素鵝	Crispy Beancurd Skin <i>GF</i>	\$6.00
8	什錦鍋貼	Pan Fried Shanghai Dumplings (5)	\$6.00
9	炸素雞腿	Fried Vegan Chicken Drumsticks (4) <i>GF Option Available</i>	\$6.00
10	炸魷魚	Fried Vegan Calamari (6) <i>GF Option Available</i>	\$6.00
11	香菇腐皮捲	Mushroom Beancurd Roll (3) <i>GF</i>	\$6.00
12	沙嗲串	Satay Stick (5)	\$6.00
13	印度抓餅	Roti with Curry Dip	\$8.00
14	生菜包	San Choy Bao (2) <i>GF Option Available</i>	\$7.00
15	泰式沙拉	Thai Style Salad	\$7.00
16	蒸素叉燒包	Steamed Savoury BBQ Buns (2 Large)	\$6.00
17	蒸甜包	Steamed Sweet Lotus Nut Buns (3 Small)	\$4.00

SOUPS 湯類

17	時菜雲吞湯	Wonton Soup	\$6.50
18	冬炎湯	Spicy Tom Yum Soup 🌀 <i>GF Option Available</i>	\$6.50
19	雞蓉粟米羹	Sweet Corn & Chicken Soup <i>GF Option Available</i>	\$6.50
20	紫菜豆腐湯	Seaweed Tofu Soup <i>GF Option Available</i>	\$6.50
21	蕃茄豆腐湯	Tomato Tofu Soup <i>GF Option Available</i>	\$6.50
22	香菇菜絲湯	Vegetable & Mushroom Soup <i>GF Option Available</i>	\$6.50
23	酸辣湯	Szechuan Style Hot & Sour Soup 🌀 <i>GF Option Available</i>	\$6.50

KID'S MENU 兒童餐

K1	Vegan Calamari & Chips	\$13.80
K2	Vegan Fish & Chips	\$13.80
K3	Vegan Chicken Nuggets & Chips	\$13.80

All kids meals are served with choice of either a can of soft drink OR serve of CocoLuscious Ice Cream

MAINS





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TOFU & BEANCURD 豆腐類

T1	麻婆豆腐	Ma Po Tofu 🍴	\$14.80
T2	豉汁豆腐	Fried Tofu and Vegetables in Black Bean Sauce	\$14.80
T3	新洲炸豆腐	Crispy Fried Beancurd with Special Sauce	\$14.80
T4	椒鹽豆腐	Salt & Pepper Fried Tofu	\$14.80
T5	時菜豆腐	Fried Tofu with Green Vegetables and Ginger	\$14.80
T6	紅燒香菇豆腐	Braised Tofu and Shitaki Mushroom	\$15.80
T7	一品豆腐	Golden Silk Tofu	\$16.80

GF Options Available for all Tofu & Beancurd Dishes

VEGAN MEAT 素肉類

V1	糖醋雞 (咕咾肉)	Sweet & Sour Chicken or Pork	\$14.80
V2	黑椒雞 (牛)	Black Pepper Chicken or Beef with Vegetables 🍴	\$14.80
V3	豉汁雞柳 (牛柳)	Black Bean Chicken or Beef with Vegetables	\$14.80
V4	腰果雞丁 (牛柳)	Cashew Nut Chicken or Beef with Vegetables	\$15.80
V5	椒鹽雞球	Salt & Pepper Chicken	\$14.80
V6	沙嗲雞柳 (牛柳)	Satay Chicken or Beef with Vegetables	\$14.80
V7	京都排骨	Spare Ribs Peking Style	\$14.80
V8	時菜雞柳 (牛柳)	Combination Vegetables with Chicken or Beef	\$14.80
V9	宮保雞丁 (牛柳)	Gong Bao Chicken or Beef with Vegetables 🍴	\$14.80
V10	薑絲素雞 (牛柳)	Ginger & Champignon Chicken or Beef with Vegetables	\$14.80
V11	檸檬雞	Lemon Chicken	\$14.80
V12	蜜汁雞	"Honey" Chicken	\$14.80
V13	三巴醬雞 (牛)	Sambal Chicken or Beef with Vegetables	\$14.80

GF Option Available for all vegan chicken dishes except lemon, honey and salt and pepper

VEGAN SEAFOOD 素海鮮類

S1	糖醋魚片	Sweet & Sour Fish	\$14.80
S2	黑椒魚柳	Black Pepper Fish with Vegetables 🍴	\$14.80
S3	豉汁魚柳	Black Bean Fish with Vegetables	\$14.80
S4	泰式海鮮	Tom Yum Seafood Combination 🍴	\$16.80
S5	椒鹽海鮮	Salt & Pepper Seafood Combination	\$16.80
S6	宮保魷魚	Gong Bao Calamari with Vegetables 🍴 <i>GF Option Available</i>	\$16.80
S7	芥藍魚片	Gai Lan and Fish	\$13.80
S8	泰式茄子	Thai Chili and Basil Eggplant with Fish 🍴	\$14.80

CURRY 咖哩類





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C1	咖喱雞柳	Mixed Vegetable and Chicken Curry	\$15.80
C2	泰式咖喱牛肉	Thai Style Curry Chicken or Beef	\$15.80
C3	咖喱什錦	Mixed Vegetable and Tofu Curry	\$15.80
C4	南洋冷當咖哩	Rendang Curry	\$15.80

GF Options Available for all Curry Dishes with Vegan Chicken

VEGETABLES 青菜類

G1	什錦時蔬	Combination Stir Fired Seasonal Vegetables	\$12.80
G2	清炒銀芽	Stir Fried Beansprouts	\$12.80
G3	青炒什菇小白菜	Stir Fried Bok Choy with Mushrooms	\$13.80
G4	雙花冬筍片	Broccoli & Cauliflower with Mushroom & Bamboo Shoots	\$13.80
G5	薑絲時菜	Mixed Green Vegetables and Ginger	\$13.80

GF Options Available for all Vegetable Dishes

HOT POTS 煲類

HP1	四川魚香茄子煲	Szechuan Style Eggplant & Vegan Fish Hot Pot	\$16.80
HP2	什錦海鮮煲	Combination Vegan Seafood Hot Pot	\$16.80
HP3	雞丁豆腐煲	Braised Beancurd & Vegan Chicken Hot Pot <i>GF Option Available</i>	\$16.80
HP4	紅燒豆腐煲	Braised Beancurd with Vegan Oyster Sauce Hot Pot <i>GF Option Available</i>	\$16.80

NOODLES 粉麵類

N1	雲吞湯麵	Wonton Noodle Soup	\$13.80
N2	上海湯麵	Shanghai Noodle Soup	\$13.80
N3	泰式湯麵	Tom Yum Noodle Soup 🍲	\$13.80
N4	馬來福建麵	Hokkien Noodles Malaysian Style	\$13.80
N5	天然炒米粉	Tian Ran Vegetarian Stir Fried Vermicelli <i>GF Option Available</i>	\$13.80
N6	印尼炒麵	Mee Goreng Indonesian Style	\$13.80
N7	炒貴刁	Chicken Kway Teow with Vegetables	\$14.80
N8	海鮮炒河粉	Seafood Ho Fun Singapore Style	\$14.80
N9	羅漢齋麵	Fried Crispy Noodle with Mixed Vegetables	\$13.80
N10	叻沙麵	Laksa Noodle Soup <i>GF Option Available</i>	\$14.80
N11	生日炒麵	Stir Fried Thin Noodle	\$13.80

RICE DISHES 飯類

R1	家鄉炒飯	Home Style Fried Rice <i>GF Option Available</i>	\$11.80
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R2	橄欖炒飯	Olive Fried Rice	<i>GF Option Available</i>	\$12.80
R3	糙米炒飯	Special Fried Brown Rice	<i>GF Option Available</i>	\$12.80
R4	冬炎炒飯	Tom Yum Fried Rice	<i>GF Option Available</i>	\$12.80
R5	印尼炒飯	Nasi Goreng		\$12.80
R6	什錦炒飯	Combination Fried Rice	<i>GF Option Available</i>	\$12.80
R7	白飯 (每份)	Steamed White Rice (Per Serve)		\$2.80
R8	糙米飯 (每份)	Steamed Brown Rice (Per Serve)		\$3.00
R9	椰漿飯	Coconut White Rice (Per Serve)		\$3.50

DESSERTS 甜點

D1	冰淇淋	Scoop of Cocolusious Ice Cream (Tub \$15.00)	<i>GF</i>	\$4.00
D2	炸香蕉 (菠蘿)	Banana or Pineapple Fritter		\$4.20
D3	炸香蕉(菠蘿)雪糕	Banana or Pineapple Fritter with Organic Cocolusious Ice Cream		\$8.00
D4	西米露	Sago with Coconut Milk and Palm Sugar	<i>GF</i>	\$4.20
D5	西米露雪糕	Sago with Organic CocoLuscious Ice Cream	<i>GF</i>	\$8.00

DRINKS 飲料

W1	Coke, Sprite, Fanta, Bottled Water	\$2.50
W2	Ginger Beer	\$4.00
W3	Kombucha	\$4.50
W4	Organic Juice	\$4.50
W4	Coconut Water	\$5.00
W5	1000ml Spritzer	\$6.00
W6	Appletiser	\$8.00

SET MENU 套餐

Set A	Spring Rolls (4)	Set B	Pan Fried Dumplings (6)
2 - 4 people	Combination Vegetables	4 - 6 people	Vegetarian Curry Puff (6)
\$45.00	Cashew Nut Chicken with Vegetables	\$85.00	Sweet & Sour Chicken
	Olive Style Fried Rice		Braised Beancurd and Chicken Hot Pot
			Black Bean Beef with Vegetables
			Broccoli & Cauliflower with Mushroom & Bamboo Shoots
			Combination Fried Rice

